

Destination / Activity	Active	Culture	History & Archaeology	Nature & Wildlife	Beach	Cruise
<b>Brazil</b>	Some day walks outside Rio. Hiking Chapada Diamantina and Lencois de Maranhao.	Music & Dancing. Samba. Art. Carnival. Fish and seafood	Portuguese Colonial History in Rio, Salvador, Recife (Olinda), Ouro Preto, Sao Joao del Rei.	Amazon Lodges and Cruise. Pantanal Wetlands. Iguassu Falls.	Rio (city), Buzios (town), Salvador and around, Northeast (many!)	Amazon Cruises. Boat trip at Iguassu
<b>Argentina</b>	Hiking in Patagonia & the Andes and Lake District. Horseriding. Fishing. Cycling. Polo.	Big City Buenos Aires Tango Music & Dance. Wine. Beef. Gauchos & Countryside	Spanish Colonial History in Salta. Modern history, Evita, Dictatorship.	Ibera Wetlands Iguazu Falls Patagonia National Parks Peninsula Valdez	No	Australis Patagonia Cruise (to Chile)
<b>Chile</b>	Hiking in Patagonia & the Andes and Lake District. Cycling.	Wine. Fish and seafood. Traditional dancing.	Modern history & dictatorship. Ancient civilisations of the desert (mummies)	Landscapes of Desert, Lakes & Patagonian National Parks	No international standard resorts	Patagonian Cruises (internal and to Argentina)
<b>Bolivia</b>	Walking in the mountains outside La Paz & Sucre	Inca & Aymara Indigenous culture, weaving, llama wool, local markets	Spanish Colonial History in Sucre, Potosi, La Paz. Ancient Ruins around La Paz and Lake Titicaca.	Bolivian Amazon (very basic). Salt Flats of Uyuni. Lake Titicaca.	Landlocked!	Boat trip on Lake Titicaca
<b>Peru</b>	Plenty of Walks and Hikes in Colca Canyon, Lake Titicaca, Sacred Valley. Multi-day treks to Machu Picchu.	Inca Indigenous culture, weaving, llama wool, local markets. Modern Cuisine.	Spanish Colonial History in Arequipa, Cusco & more. Many Ancient Ruins around Cusco, Machu Picchu & more.	Amazon Rainforest (lodges and cruises). Andean Condor. Mountain Landscapes.	Small Beach Resorts with few upmarket hotels in Northern Peru – requires long flights and transfers.	Luxury Cruises in the Amazon Rainforest from Iquitos.
<b>Ecuador &amp; Galapagos</b>	Walks and hikes in the mountains around Quito & Northern Region. Short walks and snorkelling in Galapagos	Indigenous culture, weaving, local markets, traditional music and dancing.	Colonial History in Quito, Cuenca. Minor ruins at Ingapirca.	Amazon lodges and cruises. Andean Landscapes and Volcanoes. Galapagos Wildlife	No quality resorts.	The BEST way to see Galapagos. Recommend 7 night cruise.
<b>Colombia</b>	Walks and hikes in the Coffee Region, mountains of the northern region. Lost City Hike.	Music and Salsa dancing. Coffee	Spanish Colonial gem of Cartagena de Indias. Remote archaeological site of San Agustin.	Natural landscapes of Coffee Region. Tayrona N Park. Specialist birding.	Cartagena (city) and Tayrona (park) on Caribbean Coast. Small Island resorts.	Boat trips from Cartagena to Islands.



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<b>Costa Rica</b>	Half day walks and soft adventure throughout. Zip-lining, white-water rafting and surfing for adventurous travellers!	No	No	Plenty of diverse nature throughout. Rainforest, cloud forest, volcanoes. Birds, reptiles and mammals.	Pacific beaches tend to be better than Caribbean, with small surfer towns and resorts (mostly B&B)	Short boat trips in certain areas, for wildlife spotting.
<b>Guatemala</b>	Short walks around Antigua, Atitlan, Tikal National Park.	Indigenous Mayan culture, weaving, local markets	Colonial gem of Antigua (especially good at Easter). Mayan Archaeological sites at Tikal, Ceibal, Aguateca.	Mountains, volcanoes, lakes, rainforest and National Parks.	Not really	Boat trips on lakes
<b>Belize</b>	Plenty of walking and outdoor activities at specific lodges. Snorkelling at reefs.	Spanish, Caribbean (Garifuna), Creole & British heritage	Not much Colonial. Plenty of Mayan Archaeological Sites (eg. Caracol, Lamanai, etc)	Rainforest. Pine Forest. Cayes. Largest coral reef in western hemisphere.	Mainland beaches, and also island beaches on cayes (short flight)	Boat trips for snorkelling.
<b>Mexico</b>	Some walking and outdoor activities in Yucatan. Snorkelling.	Spanish Colonial Heritage. Music (Mariachi), Dancing, Day of the Dead. Cuisine.	Plenty of Spanish Colonial in Mexico City, Oaxaca, Merida etc. Aztec, Olmec, Mayan Archaeological Sites abound.	Mountains. Dry sierra. Rainforest in Yucatan. Whale watching in Baja California. Snorkelling.	Caribbean Beaches & Pacific Beaches. Excellent resorts.	Boat trips for snorkelling.
<b>Cuba</b>	Some walking and outdoor activities around Vinales, Trinidad, Santiago.	Spanish Colonial Heritage throughout. Modern history and Unique Cuban Society.	Modern history of Fidel Castro and Communism in the Caribbean.	Some mountains and countryside including farmland. Some birds.	Caribbean beaches. Resorts and service not of top quality	Boat trips for snorkelling.

