### Punta Islita Hotel Deluxe

Perched on the crest of a hill in a secluded corner of Guanacaste, and 500 meters from a secluded beach cove, Punta Islita has 20 spacious ocean view bungalows and some deluxe villas, all fully equipped, with air conditioning and terrace with hammock. The hotel's tiered layout grants spectacular ocean views and seclusion. There are two restaurants offering Costa Rican fusion cuisine, a bar, an infinity swimming pool, a Spa, gym and clearly defined nature trails

**web** veloso.com/puntaislita Perched on the crest of a hill in a secluded corner of Guanacaste, and 500 meters from a secluded beach cove, Punta Islita has 20 spacious ocean view bungalows and

#### PRICES for 4 days • 3 nights

NO OF TRAVELLERS	1 Single	2 Sharing
All Year	traveller	Double
PUNTA ISLITA	£1319	£661

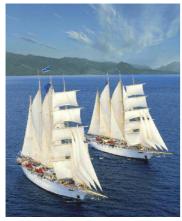
San José Airport, accommodation, tax, service charge and breakfast (excursions are extra).







## STAR CLIPPER CRUISES





Star Clipper is a unique combination of sailing tradition, on a magnifiently evocative, wind-driven tall ships, and pampered relaxation without sacrificing creature comforts. These graceful tall ships sail just like the clippers of a century and a half ago, and with the skilled hands of the crew using ropes to raise and lower sails. The Star Flyer is a modern ship 115 meters long with 82 spacious cabins for 170 guests and two swimming pools. The decor is of teak and gleaming mahogany. There is open-seating dining, an indooroutdoor tropical bar and piano bar and a library with fireplace. web veloso.com/starclipper



*Please contact us for dates of departure, prices and itineraries.* 

# \* Contraction & Contraction &





Old Panama City - Casco Viejo

Visit the famous **Panama Canal** and observe the working of the locks either by taking a boat on the canal or visiting the museum at Miraflores lock and having lunch in the restaurant with a wonderful panoramic view of the movement of ships. Visit the pristine rainforest and lakes that store the water for the locks and surround the canal. Visit Panama City and take in the magnificent hilltop views of the bay, the modern city and the old colonial area, Casco Viejo which has been renovated with boutique hotels, bars, restaurants and shops.

**Day 1** Arrive on a Thursday in Panama City, where our guide and transport will meet you to take you to the charming Canal House Hotel, staying for 4 nights, and located in the City's historic district. Afternoon tour of the city visiting the old historic Casco Viejo declared a Unesco World Heritage site and with a panoramic views of entrance of the Canal. *(B)*  Day 2 Today we take the Interoceanic Train Journey to Colon; a vital rail link in the construction of the Panama Canal which crosses between the Atlantic to the Pacific Ocean. We also visit the colonial town of Portobelo and return. (*B,L*)

**Day 3** Half day excursion to cruise the **Pamana Canal** and take a close look at its operation at Miraflores lock. You will transit with the big ship as they progress through the locks. Partial transit of two locks is available every Saturday and the full crossing, Ocean to Ocean is possible once a month - Dates on request. (B,L)

**Day 4-5** Morning departure to explore the rainforest at **Soberania National Park**. Walk nature trails and discover the great variety of birds in the forest. Transfer to the airport for your onward flight. (*B*)

## PANAMA - 5 days / 4 nights No. of travellers: 2 sharing Seasons First - Canal House Hotel All Year £1032 PRICES PER PERSON INCLUDING transfers, accommodation, excursions and entrance fees, and meals as described in the itinerary, all with English speaking guides. Other hotels available.